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The 43rd Annual
Quad Cities Criterium
Rock Island, Illinois
Memorial Day
Monday May 25, 2009

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Who: 600 cyclists from across the U.S.

What: 13 Criterium bicycle races, 8 kids races, emergency service MTB race, [Bike Rodeo](#), food, and fun.

When: Monday, May 25, 2009

Where: The District, Downtown Rock Island, Illinois

Race Info

- o 2009 will be the 43rd running of the Quad Cities Criterium
- o 10,000+ spectators
- o Presented by the [Quad Cities Bicycle Club](#) and [The District](#)

Race Results

- o Featuring competitive men and women riders from novice to professional, aged 10 to 60+ from all parts of the United States, with speeds up to 35 mph

Past Race Results

- o Third leg in a series - Burlington, Iowa, on Friday & Saturday, Muscatine, Iowa, on Sunday, the Quad Cities on Monday, Memorial Day
- o Big Wheel and Tricycle races for kids aged 2 to 5, bicycles for kids age 6 to 10
- o Wide variety of foods and activities for families and children

Registration

There are several program changes for 2009

Start List

- o Junior races will be part of the USA Cycling's Lance Armstrong Juniors Road Race Series (LAJRS).
- o A new women's Category 2/3 race has been added.

Bike Rodeo

- o New emergency service exhibition MTB race between QCA area police, fire department, and medical competitors.
- o Ten-dollar discount for second race entered.

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This flat, fast 3/4 mile [hourglass shaped course](#) is the same as the past several years. The course will include a raucous cheering crowd and one of the best wheel pits in the world. There is plenty of parking and the course is just one block from the Mississippi River. We know you will have a great time racing at the Quad Cities Criterium and celebrating in the festive [District of Rock Island](#).



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Schedule of Events

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Quad Cities Criterium - May 25, 2009

Event	Entry Fee	Laps	Prizes	Places	Start Time	Field Lim
Juniors 10-14	\$15	5 laps	Awards	3	8:25 AM	50
Juniors 15-18	\$15	14 laps	\$300	12	8:45 AM	75
Women Category 2/3*/****	\$25	13 laps	\$600	15	9:15 AM	150
Men 30+,40+ 4/5	\$30	14 laps	\$600	15	9:45 AM	75
Women Category 4	\$25	12 laps	\$500	12	10:15 AM	75
Mens Category 5 /Citizen**/****	\$15	14 laps	Awards	10	10:45 AM	50
Masters 50+***	\$30	13 laps	\$200	5	11:15 AM	75 total
Masters 60+***	\$30	13 laps	\$100	3	11:15 AM	75 total
Mens Category 4	\$30	14 laps	\$700	15	11:45 AM	150
Trikes, Big Wheels, Youths 6-10	Free	30 min	Ribbons	Everyone wins	12:30 PM	n/a
Mens Category 3	\$35	24 laps	\$1,300	20	1:00 PM	150
Mens 30+,40+ 1/2/3	\$35	24 laps	\$900	15	1:45 PM	150
Women 1,2,3	\$35	33 laps	\$1,300	20	2:30 PM	150
Mens 1,2, Pro****	\$40	50 laps	\$5,000	25	4:00 PM	150

\$10 Discount on second race entered by the same person

* Women are eligible to race in men's categories & ages. See rule #1H2 for details.

** Cat 5 must buy one-day USA Cycling license (forms available at registration) if not already licensed.

One-day license fee of \$10 is not included in the entry fee.

*** Not eligible for Illinois Cycling Association Cup points

**** Includes "Hot Spots Sprints"

Organized by the [Quad Cities Bicycle Club](#) and the [DICE Racing Team](#) in cooperation with the [District of Rock Island](#).

Sanctioned by [USA Cycling](#). Held under USA Cycling permit.



This race earns
1.5 times the normal
ICA Cup points

[Top](#) **Registration**

There is no on-line registration for the Quad Cities Criterium.

Please fill out, print, and mail a [Criterium Entry Form](#)

Mail entries to:

**QCC / Rick Paulos
PO BOX 2781
Cedar Rapids, Iowa 52406-2781**

Make checks payable to Quad Cities Criterium
Late entry fee of \$5 after May 19, 2009

Feature riders must be pre-registered & approved by organizer.

Registration opens at 7:00 am inside the Holiday Inn Hotels and Suites, located [between Second and Third Avenue](#), immediately west of 17th Street. For your convenience, expect short waiting lines at our registration.

Registration closes 30 minutes prior to each event. You must pick up your numbers before the close of registration for your event. If you fail to pick up your number on time, you may forfeit your entry fee and your number will be offered to riders on any waiting lists. You will not be allowed to race if you do not have your racing license. You are required to show your license to registration officials before you are given your number. Riders may enter multiple events per USA Cycling rules.

Race organizer reserves right to shorten races if necessary.

Riders will be staged in order of registration.

[Top](#) **Free Lap Rule**

Free lap rule applies to all races. You must have your own wheels in the pit to obtain a wheel. No neutral support.

[Top](#) **Helmets Required For All Events**

You must wear an approved helmet and have it properly fastened at all times you are on a bicycle at a race. This includes while warming up, on or off the course.

[Top](#) **Race Finish & Prizes**

Photo finish at all criteriums and road races for the weekend.

Your racing license must be presented to collect any prizes. Prizes may be paid by check; you may be required to sign a receipt. Prizes over \$300 are reported to the Internal Revenue Service for which Social Security Numbers will be requested.

[Top](#) **No Refunds**

No refunds in accordance with USA Cycling rules. All USA Cycling rules apply.

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Category 1, 2, Pro "Hot Spots Sprints" Rules

Places/Prizes:

Overall places will be determined by highest accumulation of points scored from individual Hot Spots Sprints placing. Ties in Hot Spots Sprints points totals will be broken by the final overall race finish placing, in favor of the highest place finisher. Sprint points winners must finish the race to qualify for final Hot Spots Sprints placing and payout.

1st - \$500
2nd - \$300
3rd - \$200

Sprint Laps:

Sprint points awarded at the start of laps 25, 20, and 15 to go.

Bell to announce sprints will be rung when riders cross the start/finish line and see 26, 21, and 16 to go.

Points:

Each sprint will be awarded points as follows:

Sprint points will be awarded at the race start/finish line.

Lapped riders are not allowed to sprint or earn points once lapped.

Foul riding during the sprint laps is subject to relegation or other penalties for that lap's sprint or for the overall race.

Individual sprints:

1st - 7 points
2nd - 5 points
3rd - 3 points
4th - 2 points
5th - 1 point

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Contact Info

Full weekend race info web site: www.MemorialDayWeekendBikeRaces.com

Race info web site: QuadCitiesCriterium.com

Donnie Miller - race organizer: bicycleracr@mchsi.com

Rick Paulos - race registration: Rick-Paulos@uiowa.edu

Quad Cities Bicycle Club: www.qcbc.org

City of Rock Island: www.rigov.org

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Race Hotel

[The Holiday Inn Hotel and Suites](#)

3rd Ave at 17th Street
Rock Island, Illinois 61201
1-309-794-1212
Fax 309-786-0533

The Holiday Inn Hotel and Suites is on the racecourse and is the official hotel of the Quad Cities Criterium. The Holiday Inn is offering a special room rate of \$109.00 per room per night single or double occupancy, plus tax. Although there is no cut off date for the special rate, it is subject to availability.

Please mention the Quad Cities Criterium when making reservations or register online using their website. Please insert the group code **QCC** in the Group code box (under check availability, left side) on their [website](#).

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Quad City Area Attractions

For more information on Quad City area attractions, such as comedy clubs, riverboat casinos, museums, and sports, call the Quad Cities Convention Bureau at 800-747-7800 or www.visitquadcities.com.

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The District

The Downtown Rock Island Arts and Entertainment District is a downtown neighborhood located along the banks of the Mississippi River in Rock Island, Illinois. Beautiful historic buildings, modern residential living, eclectic retail shopping, outstanding art galleries, vibrant nightlife, innovative dining options, and a jam-packed festival calendar have made The District synonymous with fun.

Some of the many features include live performances by national champion comedians, dinner theatre acting troupes, and a variety of musical groups performing every weekend throughout the year. Visit a glass blowing studio, take a ride on the scenic bike trail or just relax with a cup of tea at one of the

outdoor cafes. Test your luck at the riverboat casino, browse one of several art galleries, or attend an artist reception. Hungry? Dining options include everything from quaint and cozy coffee shops to elegant gourmet restaurants. Whether its pizza, homemade soups or a tasty lobster tail, chances are you will find it in The District.

The District comes alive at night with a host of nightspots featuring brewed on premise beers, specialty martinis, great live bands, dancing and a vibrant atmosphere.

For more information call 309-788-6311 or www.ridistrict.com.

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Website by Mike Moritz



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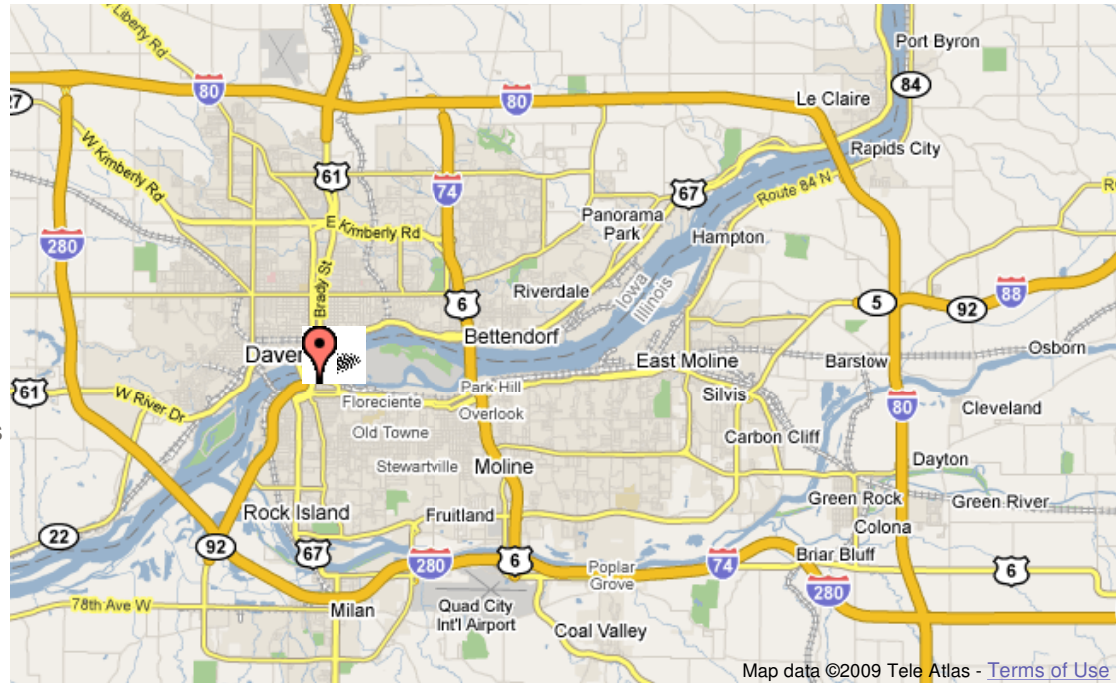
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From Chicago (I-80)

Take I-80 west, and continue on I-280 west to Illinois 92. Take the Rock Island exit and follow IL-92 to downtown.

From Chicago (I-88 / east west toll way)

Take I-80 east exit, and follow I-80 approximately 5 miles to I-74 west. Continue on I-280 west to Illinois 92. Take the Rock Island exit and follow IL-92 to downtown.

From Peoria

Take I-74 west, and continue on I-280 west to Illinois 92. Take the Rock Island exit and follow IL-92 to downtown.

From Iowa City

Take I-80 east to I-280 east, cross the Mississippi river, and take Illinois 92 exit and follow IL-92 to downtown.

In downtown Rock Island, Illinois 92 becomes 1st Ave. Turn right on to 16th Street, left on 3rd Ave to the Sheraton Hotel for lodging and registration.

From Muscatine's Weed Park

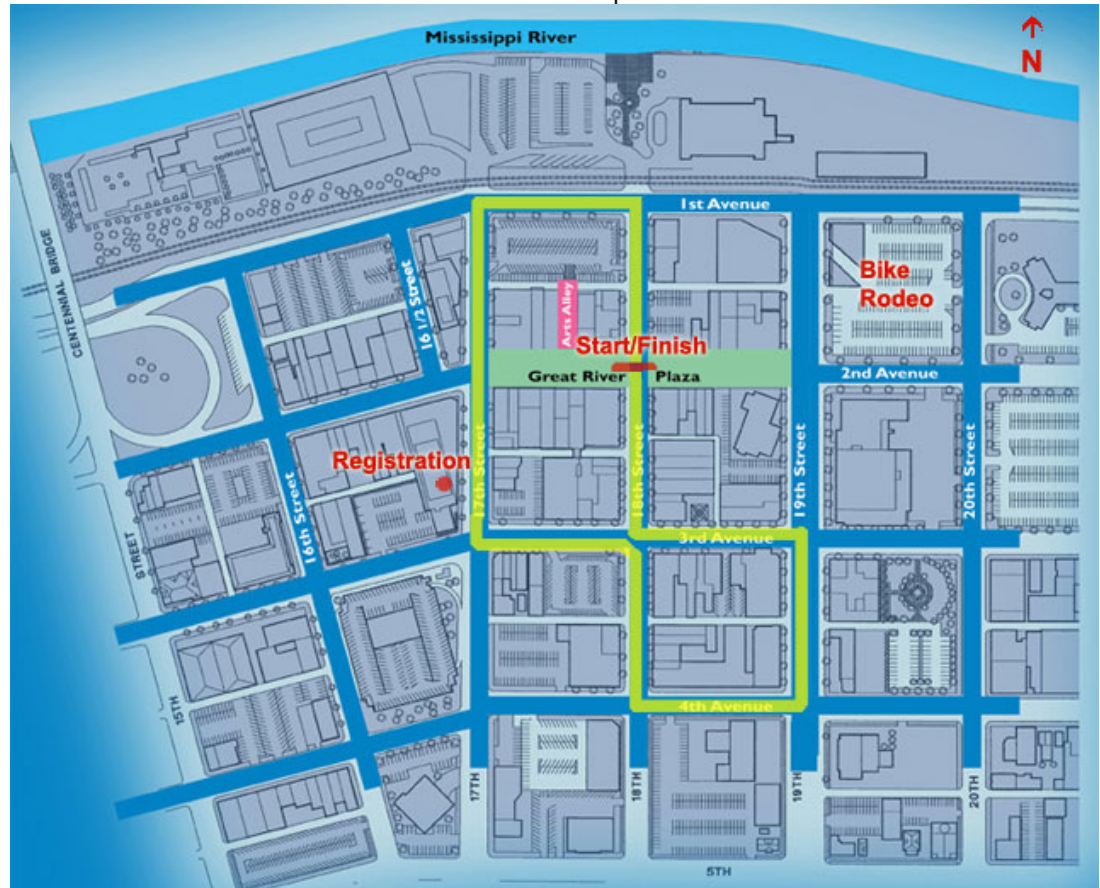
For the scenic drive:

From Weed Park take Parkington Drive west to the "T" at Park Ave. Turn left (south) on Park Ave to Washington St. Turn left (East) on Washington St., which then turns into Iowa Route 22. Follow Iowa Route 22 through the cities of Fairmont, Montpelier, and Buffalo to I-280 East over the Mississippi River and to Illinois 92 East, to downtown Rock Island.

For a faster drive:

From Weed Park take Parkington Drive west to the "T" at Park Ave. Turn right (north) on Park Ave. Take Park Ave. to US Highway 61 north. Turn right. Take US-61 north to I-280 east, then over the Mississippi River to Illinois 92 east to downtown Rock Island.

Course Map



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